


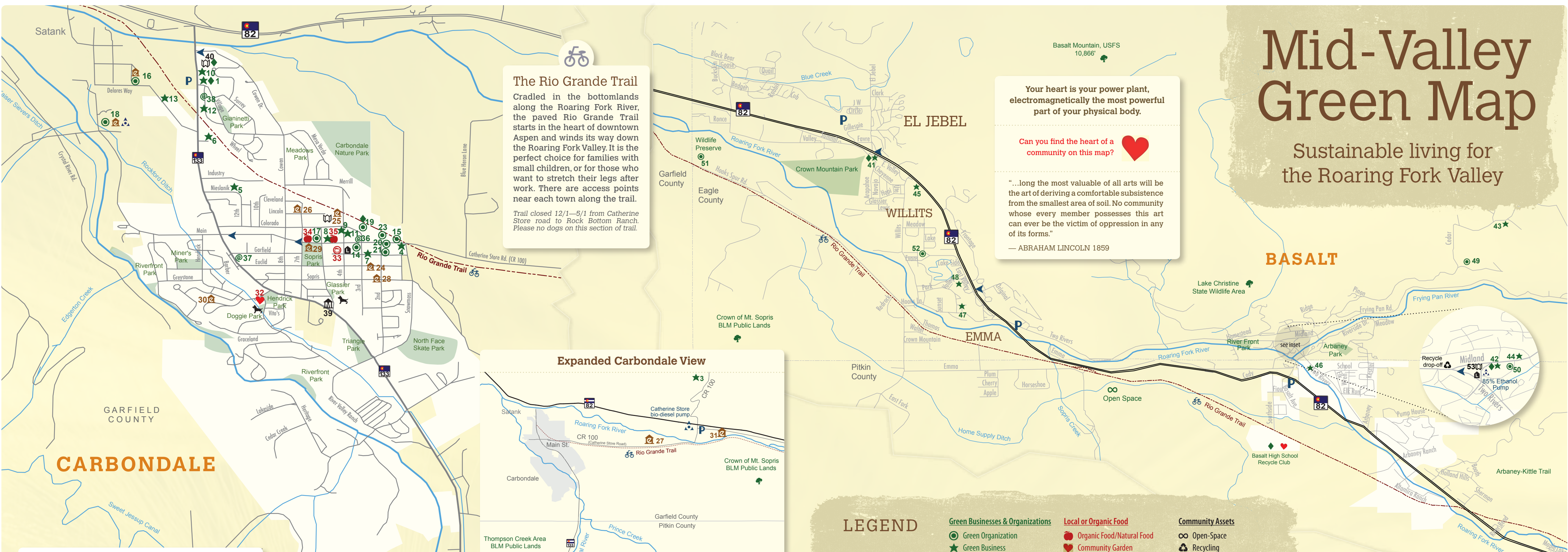
# Mid-Valley Green Map

Sustainable living for the Roaring Fork Valley

Your heart is your power plant, electromagnetically the most powerful part of your physical body.

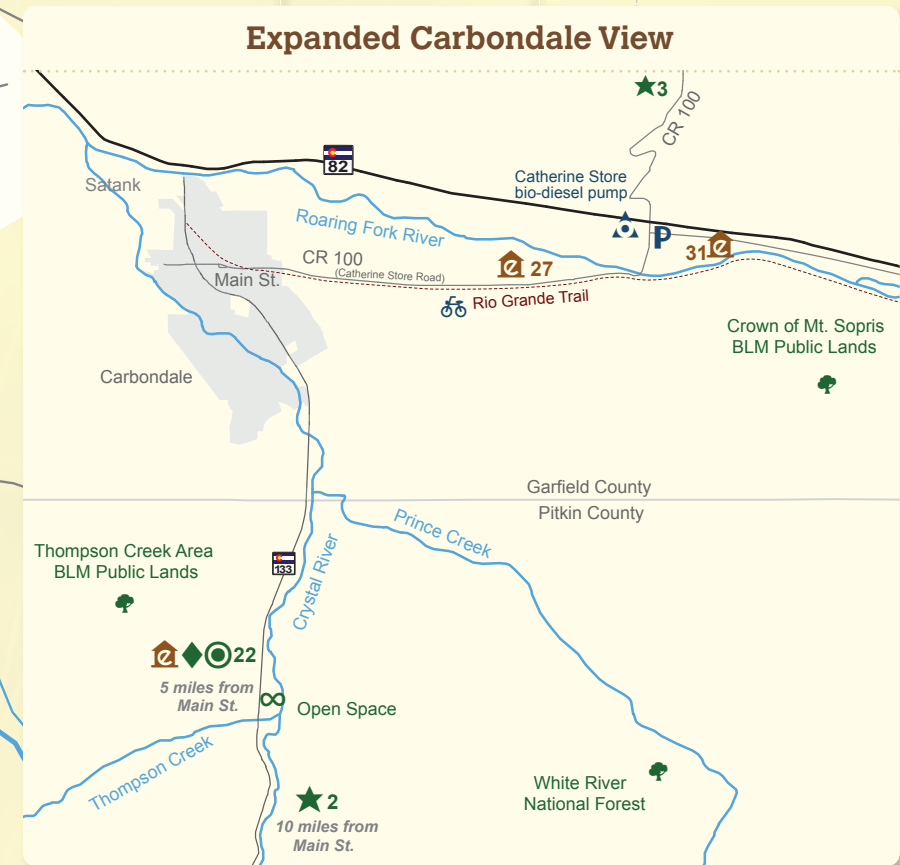
Can you find the heart of a community on this map? 

"...long the most valuable of all arts will be the art of deriving a comfortable subsistence from the smallest area of soil. No community whose every member possesses this art can ever be the victim of oppression in any of its forms."  
— ABRAHAM LINCOLN 1859



**The Rio Grande Trail**  
Cradled in the bottomlands along the Roaring Fork River, the paved Rio Grande Trail starts in the heart of downtown Aspen and winds its way down the Roaring Fork Valley. It is the perfect choice for families with small children, or for those who want to stretch their legs after work. There are access points near each town along the trail.

*Trail closed 12/1—5/1 from Catherine Store road to Rock Bottom Ranch. Please no dogs on this section of the trail.*



### Carbondale Map Index

Green Businesses	
◆★ 1	Alpine Bank ■ 0350 Hwy. 133 ■ 963-3040 <i>Locally-owned, resource-conscious bank</i>
★ 2	Biospaces Inc. ■ 0504 Crystal Circle ■ Redstone ■ 963-0114 <i>Sustainable architectural design and energy consultation</i>
★ 3	Blue Sky Woodcraft ■ 4474 CR 100 ■ 963-0463 <i>Custom woodworking using sustainable products</i>
★ 4	Building For Health ■ 102 E. Main St. ■ 963-0437 <i>Eco-friendly, organic building and home products</i>
Materials Center	
★ 5	Crystal Resort Cleaners ■ 0826 Hwy. 133 ■ 963-0852 <i>Green Earth Cleaning system eliminating perchlorethylene</i>
★ 6	Dos Gringos Burritos ■ 0588 Hwy. 133 ■ 704-0788 <i>Best wraps and burritos in town</i>
★ 7	Dragonfly Soaps ■ 297 Garfield Ave. ■ 963-2664 <i>Handcrafted, small-batch olive oil soap</i>
★ 8	GEO Store ■ 559 Main Street ■ 704-0631 <i>Green economy products and local co-op food distributor</i>
★ 9	Green Line Architects ■ 65 N. 4th St. Suite 5 ■ 963-6689 <i>Sustainable, beautiful, functional architecture</i>
★ 10	Grounded RE ■ 326 Hwy. 133 Suite 160 ■ 963-0338 <i>Residential and commercial installation of solar electric systems</i>
★ 11	Otak, Inc. ■ 36 N. 4th St. ■ 963-1971 <i>Landscape architects, planning, land design</i>
★ 12	Roaring Forge ■ 618 Buggy Circle ■ 963-1930 <i>Cooperative artist blacksmith studio</i>
★ 13	SunSense ■ 1629 Dolores Way Suite E ■ 963-1420 <i>Solar electric installation and renewable energy sales</i>
Green Organizations	
⊙ 14	Aspen Valley Land Trust ■ 320 Main St. ■ 963-8440 <i>Open space, agricultural, and habitat preservation</i>
⊙ 15	Carbondale Clay Center ■ 135 Main St. ■ 963-2529 <i>Local, handmade pottery gallery and classes</i>
⊙ 16	Carbondale Community School ■ 1505 Satank Rd. ■ 963-9647 <i>Charter school and green building site</i>
⊙ 17	Carbondale Council on Arts & Humanities (CCA) ■ 645 Main St. ■ 963-1680 <i>Membership supported community arts council</i>
⊙ 18	Colorado Rocky Mountain School (CRMS) ■ 1493 CR 106 ■ 963-2562 <i>Boarding high school promoting respect, responsibility and excellence</i>
◆⊙ 19	Community Office for Resource Efficiency (CORE) ■ 100 N. 3rd St. ■ 963-5657 <i>Technical assistance and education about renewable energy</i>
⊙ 20	KDNK Radio ■ 76 S. 2nd St. ■ 963-0139 <i>Sustainable community radio</i>
⊙ 21	Solar Energy International ■ 76 S. 2nd St. ■ 963-8855 <i>Hands-on renewable technologies workshops in 17 locations worldwide</i>
◆⊙ 22	Sustainable Settings ■ 6107 Hwy. 133 ■ 963-6107 <i>Research, demonstration, and education in sustainable Human Settlement</i>
⊙ 23	Wilderness Workshop ■ 75B N. 2nd St. ■ 963-3977 <i>Protecting wildlife and wild places for their sake and ours</i>
Green Design Sites	
◆ 24	Bruell residence ■ 238 Euclid Ave. ■ private home <i>Straw bale house and green design</i>
◆ 25	Town Hall ■ 511 Colorado Ave. ■ 963-2733 <i>Photovoltaic solar panels and green design</i>
◆ 26	Matranga residence ■ 711 Lincoln Ave. ■ private home <i>Straw bale house and green design</i>
◆ 27	Reed residence ■ 2341 CR 100 ■ private home <i>Several straw bale structures on-site</i>

◆ 28	Sopris Avenue Mediation ■ 837 Sopris Ave. ■ 963-9371 <i>Alternative conflict resolution; solar panels</i>
◆ 29	Sopris Park Pavilion ■ Weant & Euclid Ave. ■ 963-2733 <i>Photovoltaic solar panels on picnic pavilion</i>
◆ 30	Stone-Guevara residence ■ 1319 Westridge Ct. ■ private home <i>Straw bale house and green design</i>
◆ 31	Waldorf School ■ 16543 Hwy. 82 ■ 963-1960 <i>Model green campus with several straw bale structures</i>
Local Food	
◆ 32	Community Garden ■ Hendrick & Holland ■ 963-2733 <i>Rented garden plots for community growers</i>
◆ 33	Farmer's Market ■ 4th & Main St. ■ 464-5836 <i>Offering organic produce and gifts</i>
◆ 34	Restaurant 689 ■ 689 Main St. ■ 963-6890 <i>Fine dining establishment using seasonal local food</i>
◆ 35	Community Food Co-op ■ 559 Main St. ■ 963-2255 <i>Member owned food cooperative centered on healthy food</i>
◆◆ 22	Sustainable Settings ■ 6107 Hwy. 133 ■ 963-6107 <i>Research, demonstration, and education in sustainable Human Settlement</i>
Recycled Goods	
◆ 36	Miser's Mercantile ■ 303 Main St. ■ 963-3940 <i>"Best second hand store in the West"</i>
◆ 37	Penny Lane Consignment ■ 1154 Hwy. 133 ■ 963-8778 <i>Re-used and donated clothing to local charities</i>
◆ 38	Construction Junction ■ 695 Buggy Circle ■ 963-1016 <i>Slightly used building materials and furnishings on consignment</i>
Museum	
◆ 39	Mt. Sopris Historical Society Museum ■ 499 Weant Blvd. ■ 963-7041 <i>Local artifacts and photos representing the Spirit of Carbondale</i>
Green Maps Available Here	
◆ 40	Chamber of Commerce ■ 981 Cowen Dr. Suite C ■ 963-1890 <i>Tourist information center and promoter of local businesses</i>
◆ 25	Town Hall ■ 511 Colorado Ave. ■ 963-2733 <i>Photovoltaic solar panels and green design</i>
Green & Local (not on map), Contact by Phone	
◆	Davi Nakent ■ 963-8979 <i>Experiential education about integral health</i>
◆	Eco-Goddess Edibles ■ PO Box 184 Carbondale ■ 948-4321 <i>Organic vegetarian catering and chef services</i>
◆	em ecological, LLC ■ 411 Fox Run Dr. Carbondale ■ 948-4857 <i>Natural resource and habitat restoration consulting</i>
◆	GreenWeaver Inc. ■ PO Box 912 Carbondale ■ 379-6779 <i>Straw bale and natural building consultant</i>
◆	Holy Cross Energy ■ 3799 Hwy. 82 Glenwood Springs ■ 945-5491 <i>Local cooperative offering renewable energy incentives</i>
◆	Rio Blanco Partners ■ PO Box 883 Carbondale ■ 963-7089 <i>Green-certified, native gardening and landscaping</i>
◆	Terralink Structures ■ PO Box 809 Carbondale ■ 379-8002 <i>Green building contractor</i>



Left: Courtesy of Jason White; right: Courtesy of Sustainable Settings; Courtesy of Susan White; Courtesy of KDNK Radio; Courtesy of The Wilderness Workshop; right: Courtesy of KDNK Radio

## LEGEND



- Green Businesses & Organizations**
  - ◆ Green Organization
  - ★ Green Business
  - ◆ Project Supporter
  - ⊙ Re-Use Site
- Green Design Sites**
  - ◆ Green Design Example
- Local or Organic Food**
  - ◆ Organic Food/Natural Food
  - ◆ Community Garden
  - ◆ Farmers' Market
- Alternative Transportation**
  - ◆ Park & Ride
  - ◆ Public Transit, Major Stop
  - ◆ Alternative Fuel Resources
  - ◆ Bicycle Friendly
- Community Assets**
  - ⊙ Open-Space
  - ♻️ Recycling
  - ♻️ Green Maps Available Here
  - 🐕 Dog Park
  - 📖 Public Library
  - 🏞️ Public Lands - Recreation
  - 🏛️ Museum

## recycling

**Zero Waste**  
If humans are truly going to prosper, we will learn to imitate nature's highly effective cradle-to-cradle life cycle. Nature's nutrient flow and metabolism do not waste. Everything is used and the concept of waste does not exist. Zero waste means designing things, products, packaging, and systems at the beginning based on the understanding waste does not exist.

*William McDonough and Michael Braungart*

## The Three Rs: Reduce, Reuse, Recycle!

The three Rs are the essential building blocks for decreasing our personal impact on the environment. It is important for us to remember that these actions have a hierarchy, and the more that we reduce and reuse, the less we have to recycle, throw away or compost.

### Reduce:

**Avoid buying unnecessary items and products with excess packaging.**

We also reduce by avoiding disposable products when possible. Reducing is a very powerful way of helping the environment, as fewer natural resources are removed from the environment, and no garbage is created.

### Reuse:

**Use the same thing over and over again.**

Even if it is for different reasons. Reusing helps the environment by using fewer resources, creating less garbage, and polluting less. An important concept to keep in mind with reusing is that some things can be reused more than others. For example, a plastic bag can be reused, but fewer times than a cloth bag. Therefore, the cloth bag is an environmentally friendlier choice.

### Recycle:

**Transform something that is used into a completely new product.**

Recycling helps the environment because fewer resources are extracted and less garbage is created. However, recycling does have some drawbacks. For example, transportation systems are required to gather and ship products to be recycled. Recycling occurs in a factory that generally creates air and water pollution, as well as, uses natural resources to manufacture, deliver and store products.

- Local Recycling Stations:**
- Basalt Recycling dropoff ■ Two Rivers Road
  - Glenwood Recycling Center ■ 945.2931 ■ 1015 School Street ■ [www.ci.glenwood-springs.co.us/departments/publicworks/recycle/index.htm](http://www.ci.glenwood-springs.co.us/departments/publicworks/recycle/index.htm)
  - Pitkin County Landfill/recycling center ■ 32045 Highway 82 ■ Snowmass Village ■ 970.923.3487 ■ [www.aspenpitkin.com/depts/31/](http://www.aspenpitkin.com/depts/31/)

## Basalt — El Jabel Map Index

Green Businesses	
◆★ 41	Alpine Bank ■ 711 E. Valley Rd. Suite 10 ■ 927-3653 <i>Locally-owned, resource-conscious bank</i>
◆★ 42	Alpine Bank ■ 137 Midland Ave. ■ 927-3101 <i>Locally-owned, resource-conscious bank</i>
★ 43	Basalt Mountain Gardens ■ 1902 Cedar Dr. ■ 927-8253 <i>Native, organic, edible, permaculture plantings</i>
★ 44	CCY Architects Ltd. ■ 228 Midland Ave. ■ 927-4925 <i>Infuses modern environmental design with regional traditions</i>
★ 45	Dwell On Green Dept. Store ■ 281 Robinson St. ■ 927-1700 <i>Stylish eco-minded lifestyle products</i>
★ 46	James Knowlton, Attorney ■ 23300 Two Rivers Rd. #35 ■ 927-2244 <i>Providing a wide range of affordable attorney services</i>
★ 47	Rising Sun Enterprises ■ 40 Sunset Dr. #1 ■ 927-8051 <i>Efficient, effective and beautiful lighting design</i>
★ 48	Wellness Institute ■ 1460 E. Valley Rd. ■ 309-4714 <i>Balanced approach to health</i>
Green Organizations	
⊙ 49	Central Rocky Mt. Permaculture Institute (CRMPI) ■ 91 Cedar Dr. ■ 927-4158 <i>Permaculture demonstration and teaching site</i>
⊙ 50	Roaring Fork Conservancy ■ 200 Basalt Center Cr. Suite 120 ■ 927-1290 <i>Watershed and conservation organization</i>
⊙ 51	Rock Bottom Ranch - ACES ■ 2001 Hooks Spur Rd. ■ 927-6760 <i>Environmental education and farm demonstration site</i>
⊙ 52	Greenbasalt.org ■ 710 Evans Ct. ■ 927-2280 <i>Neighborhood group dedicated to curbing global warming</i>
Green Maps Available Here	
◆ 53	Basalt Chamber of Commerce ■ 101 Midland Ave. ■ 927-4031 <i>Green map distribution site and tourist information center</i>
Green & Local (not on map), Contact by Phone	
◆	Belmont Clean, Inc. ■ not listed ■ 927-1313 <i>Eco-conscious carpet and upholstery cleaning</i>
◆	Gates of Heaven Honey ■ 481 W. Sopris Creek Rd. Basalt ■ 927-9856 <i>Harvesting, extracting and bottling local honey</i>
◆	Graybeal Architects ■ 0188 Sunset Lane El Jabel ■ 704-1188 <i>Environmentally conscious architectural firm</i>
◆	Rocky Mountain Institute (RMI) ■ 2317 Snowmass Creek Rd. ■ 927-3851 <i>Enhancing natural and human capital worldwide</i>
◆	Solar Flair Thermal Systems ■ not listed ■ 618-1768 <i>Residential and commercial solar hot water systems</i>



Courtesy of Roaring Fork Conservancy